



# PAYG CLASSES - 2018

<b>MONDAY</b>	5pm-5.45pm		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (prebook County Reception)
<b>MONDAY</b>	6pm-7pm	Kettlebell HIIT (HIIT vs Circuit)	Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (prebook County Reception)
<b>MONDAY</b>	7.15pm-8pm		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: <a href="https://bookwhen.com/boogiebouncechester">https://bookwhen.com/boogiebouncechester</a>
<b>TUESDAY</b>	6pm-6.45pm		United Reformed Church, Heath Road, Upton, CH2 1HX	PAYG £4.50 (10 class pass @ £35)
<b>WEDNESDAY</b>	9.30am-10.15am		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: <a href="https://bookwhen.com/boogiebouncechester">https://bookwhen.com/boogiebouncechester</a>
<b>WEDNESDAY</b>	7.15pm-8pm		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (prebook County Reception)
<b>THURSDAY</b>	8.15pm-9pm		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: <a href="https://bookwhen.com/boogiebouncechester">https://bookwhen.com/boogiebouncechester</a>
<b>FRIDAY</b>	6.30am-7.15am	MetBOOST (HIIT & Circuit)	Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (10 class pass @ £35)
<b>FRIDAY</b>	9.30am-10.15am		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (prebook County Reception)
<b>FRIDAY</b>	7pm-8pm (monthly) check dates <a href="http://www.chesterbootcamp.co.uk/strutology/">http://www.chesterbootcamp.co.uk/strutology/</a>		Cheshire County Sports Club, Upton, CH2 1PR	£5 per person (pre-book online or PAYG in studio)
<b>SATURDAY</b>	12pm-2pm (monthly) Check dates <a href="http://www.zumbablast.co.uk">www.zumbablast.co.uk</a>		Cheshire County Sports Club, Upton, CH2 1PR	£5 per person (pre-book online, pay on the door)

**PRE-BOOK ONLINE OR CALL CARLY 07712 538492**

**FIT AS FUNK**  
[www.chesterbootcamp.co.uk](http://www.chesterbootcamp.co.uk)