



PAYG CLASSES - 2018

MONDAY	5pm-5.45pm		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (pay at County Reception)
MONDAY	6pm-7pm	Kettlebell HIIT (HIIT vs Circuit)	Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (pay at County Reception)
MONDAY	7.15pm-8pm		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: https://bookwhen.com/boogiebouncechester
TUESDAY	6pm-6.45pm		United Reformed Church, Heath Road, Upton, CH2 1HX	PAYG £4.50 (10 class pass @ £35)
WEDNESDAY	9.30am-10.15am		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: https://bookwhen.com/boogiebouncechester
WEDNESDAY	7.15pm-8pm		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (pay at County Reception)
THURSDAY	8.15pm-9pm		Cheshire County Sports Club, Upton, CH2 1PR	Pre-book: https://bookwhen.com/boogiebouncechester
FRIDAY	6.30am-7.15am	EARLY BOOT CAMP (HIIT & Circuit)	Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (10 class pass @ £35)
FRIDAY	9.30am-10.15am		Cheshire County Sports Club, Upton, CH2 1PR	PAYG £4.50 (pay at County Reception)
FRIDAY	6.45pm-8.15pm (monthly) 19 th Jan, 16 th Feb, 16 th March		Upton High School, St James Avenue, Upton, CH2 1NN	£10 per person (pre-book online to Carly direct)
SATURDAY	12pm-2pm (monthly) Check dates www.zumbablast.co.uk		Cheshire County Sports Club, Upton, CH2 1PR	£5 per person (pre-book online, pay on the door)

PRE-BOOK ONLINE OR CALL CARLY 07712 538492

FIT AS FUNK
www.chesterbootcamp.co.uk